Welcome!

• Have a seat.
• Take an index card.
• Burning question?
• We will start on time.
San Francisco State University
Department of Counseling

Information Session
Welcome!

Graciela Orozco, Ed.D., Dept. Chair
AGENDA

• About our department, programs, and admissions process.
• Conversation with current students in the program.
About Us

• Always go to counseling.sfsu.edu if you need answers.
• Always check instructions on the online application packet for answers.
• We have information on our website under Admissions.
• Then if the answer isn’t there, email questions to counsel@sfsu.edu.
About the Department

www.counseling.sfsu.edu

Our faculty

• Graduates of the top counseling programs
• 10 tenure-track faculty
• Internationally and nationally recognized
Our Mission

• Multicultural Competence
• Action Research
• Community Partnerships
• License eligible for MFT, LPCC
• Credentialed as School Counselors
• Prepared for the National Counselor Exam
Our Accreditation

• Western Association of Schools and Colleges (WASC)
• Council for the Accreditation of Counselor and Related Education Programs (CACREP)
• The California Commission on Teacher Credentialing (CTC)
Our Graduates

• At SFSU: Advising Center, EOP, Career Center, VP of Fiscal Affairs, Counseling & Psychological Services, Student Resource Centers on campus, etc.
• Administrative positions such as Deputy Director of Clinical Services, Director
• Private practice
• School counselors
• Instructors on college campuses
• Partners in major career counseling enterprises
Department Programs

- Career
- Gerontological
- CMHC
- College
- Marriage, Family, & Child
- School
ONLINE APPLICATION

• Cal State Apply
  • Four main categories of information
    • Personal Information
    • Academic History
    • Supporting Information
    • Program Materials – here you will upload Resume, Statement of Purpose, Unofficial Transcript, GRE Unofficial Score, Volunteer Verification
Three Degree Objectives

- Master of Science in Counseling
  - Career
  - College
  - Gerontology
  - School Counseling
- Master of Science in Counseling: Concentration in Marriage, Family, and Child Counseling
- Master of Science in Clinical Mental Health Counseling
Specializations & Emphases

Specializations
• Career Counseling
• Clinical Mental Health Counseling
• College Counseling
• Gerontological Counseling
• School Counseling
• Marriage, Family, & Child Counseling

Emphases
• Career Counseling
• Clinical Mental Health Counseling
• College Counseling
• Gerontological Counseling
• School Counseling
Complete Admission Package

- Division of Graduate Studies Application (Cal State Apply)
- Resume
- Unofficial Transcripts (with degree listed)
- Evidence of or plan for prerequisites
- Personal Statement
- Verification of volunteer experience
- Letters of recommendation (type in names and their email addresses)
- GRE Scores
- In-person interview (if required by program)
Deadline: Jan 15, 2018

• Letters of recommendation – system emails your recommenders. System notifies you when your recommender submits their letter.

• Processing Fee = $25.00. Checks or money orders payable to Department of Counseling. Nonrefundable.

• Online application becomes available on October 1, 2018.
Pre-Admission Writing Assessment

• GRE Written Analytical Section
• Used only after admission to determine whether to require you to take an additional graduate level writing course.
• A score below 4.0 means that you will be required to take the course, HSS 700 (Graduate Level Writing Course), after you are admitted into the program.
• HSS 700, Graduate Level Writing Course, is offered on a CR/NC basis.
Holistic Admission Criteria

- Undergraduate g.p.a. at least 3.0
  (last 60 units)
- Post-Baccalaureate Courses
- Graduate level education
- Counseling or Counseling-related field experiences
- Work experiences
- Personal Essay
- Global rating of the applicant, application
- Letters of recommendation (from practitioners)

Global rating of the applicant, application
Pre-Requisite Courses

• Theories of Personality (At SF State, PSY 451): Pre-req for COUN 700
• Lifespan developmental psychology (At SF State, PSY 431): Pre-req for COUN 702
• Psychopathology course (At SF State, PSY 452): Pre-req for COUN 703
• COUN 690 – Field of Counseling (offered only at SF State through the Dept of Counseling).
PRE-REQUISITE: COUN 690

- Offered only through our program – every Fall semester
- Will be offered in Spring 2017
Interviews

• Last Spring
  • School Counseling Program interviewed candidates
  • Interviews select the best fit from an already strong pool of applicants.

• Next year, interviews likely to be in March
  • CMHC and School Counseling Programs likely to interview
Internships

• First year: 12 hours in the field (2 days more or less)
• Second year: 16 hours in the field (2 – 3 days more or less)
Classes

• 3 hour blocks Monday – Thursday
• Time blocks:
  • 9am – 12noon;
  • 1 – 4pm,
  • 4 – 7pm;
  • 7 – 10pm
Part-time vs full-time

- Students choose to attend either part-time or full-time
- About one-third of our students complete the program in 3 years
- Students have 7 years to complete the program per University
Attendance

• Required
• In practicum courses, a student cannot miss more than two classes.
• When absent from classes, student’s responsibility to inform professors of the reason for the absence
Mandatory Advising

• Each student is assigned an adviser.
• Students must attend advising with their designated advisers at least once per semester in order to review courses taken, and courses to take for the next semester, barriers for learning, etc.
Welcome!

- State Licensure
- National Certifications
- Examinations for Licensure & Certification
- Clinical Mental Health Program History
- Q & A

*Please sign in*
What is State Licensure?

- State licensure is permission from a particular state government to practice a profession (e.g., counseling) or identify oneself as licensed in that profession. Laws differ from state to state.
State Licensure

LPCC
126,000 Nationwide (1,350 in CA) passed in 2010

LCSW
225,000 Nationwide (Over 23,000 in CA)

MFT
58,000 Nationwide (over 38,000 in CA)

*One is not better than the other
LPCC (SB 788)
CALPCC https://calpcc.org/

- Why was the LPCC developed?
- What is the Scope of Practice
- Scope of Practice Restrictions
- How does it differ from other Licenses?
- What are the benefits and costs?
- What do I do to get my LPCC?
- BBS Statutes and Regulations
What is the Scope of Practice for LPCCs?

- “Professional clinical counseling” means the application of counseling interventions and psychotherapeutic techniques to identify and remediate cognitive, mental, and emotional issues, including personal growth, adjustment to disability, crisis intervention, and psychosocial and environmental problems. The definition focuses on counseling for purposes of improving mental health, and is not intended to capture other, non-clinical forms of counseling” (BBS, Statute 4999)

- Counseling is a professional relationship that empowers diverse individuals, families, and groups to accomplish mental health, wellness, education, and career goals (NBCC, 2017)
What do I do to get my LPCC?

- Complete a BBS approved LPCC counselor-training program and all the core areas required by BBS (13 core areas) SFSU is approved.

- 10/13 core courses must be taken during your program (3 can be taken after your graduate); COUN 715 Assessment and COUN 703 psychological foundations must be taken in your program.

- 15 units of advanced coursework (736, 890, 891, 704, 870 and other specialization courses)

- Mental Health Recovery Training

- 7 hours of Child Abuse Reporting

- Training in Sexuality, Culture Competency, Aging, Case Management, Serious Mental Illness, Long-term care, disaster, trauma, etc.

- Pre-graduate field work

- Completion of a minimum of 3,000 hours of post-master’s supervised clinical experience https://calpcc.org/lpcc-internship
Pre-Graduate Fieldwork

- Not less than six semester units or nine quarter units of supervised practicum or field study experience that involves direct client contact in a clinical setting that provides a range of professional clinical counseling experience, including the following:

- Applied psychotherapeutic techniques.
  a. Assessment.
  b. Diagnosis.
  c. Prognosis.
  d. Treatment.
  e. Issues of development, adjustment, and maladjustment.
  f. Health and wellness promotion.
  g. Professional writing including documentation of services, treatment plans, and progress notes.
  h. How to find and use resources.
  i. Other recognized counseling interventions.

- A minimum of 280 hours of face-to-face supervised clinical experience counseling individuals, families, or groups.
## 2013 Master’s-level Mental Health Professional Counts

(Information provided is for the highest level of licensure)

<table>
<thead>
<tr>
<th>State</th>
<th>Professional Counselors</th>
<th>Marriage &amp; Family Therapists</th>
<th>Social Workers</th>
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**U.S. TOTALS**

| LPC | 1,140 | LMTF | 1,092 | LCSW | 4,484 | LPC | 1,052 | LMTF | 1,127 | LCSW | 5,500 | LPC | 790  | LMTF | 93   | LCSW | 516  |

| LPC | 540  | LMTF | 737   | LCSW | 5,141 |
| LPC | 1,936 | LMTF | 1,127 | LCSW | 5,500 |
| LPC | 1,610 | LMTF | 157   | LCSW | 2,916 |
| LPC | 7,732 | LMTF | 1,382 | LCSW | 11,001 |
| LPC | 4,730 | LMTF | 875   | LCSW | 2,052 |
| LPC | 247   | LMTF | 248   | LCSW | 686   |
| LPC | 548   | LMTF | 254   | LCSW | 913   |
| LPC | 9,920 | LMTF | 821   | LCSW | 10,498 |
| LPC | 1,713 | LMTF | 1,072 | LCSW | 4,016 |
| LPC | 825   | LMTF | 206   | LCSW | 1,793 |
| LPC | 913   | LMTF | 913   | LCSW | 2,779 |
| LPC | 275   | LMTF | 82    | LCSW | 2,581 |
| LPC | 7,302 | LMTF | 716   | LCSW | 13,693 |
| LPC | 820   | LMTF | 780   | LCSW | 14,497 |
| LPC | 4,448 | LMTF | 229   | LCSW | 5,074 |
| LPC | 1,047 | LMTF | 70    | LCSW | 716   |
| LPC | 20    | LMTF | 20    | LCSW | 20    |
| LPC | 120** | LMTF | 127** | LCSW | 282** |
| LPC | 66    | LMTF | 769   | LCSW | 653   |
| LPC | 625   | LMTF | 568   | LCSW | 6,431 |
| LPC | 7,275 | LMTF | 568   | LCSW | 1,545 |
| LPC | 1,870 | LMTF | 313   | LCSW | 1,545 |
| LPC | 4,606 | LMTF | 876   | LCSW | 25,987 |
| LPC | 1,500 | LMTF | 388   | LCSW | 5,205 |
| LPC | 850   | LMTF | 41    | LCSW | 300   |
| LPC | 1,980 | LMTF | 108   | LCSW | 7,001 |
| LPC | 3,261 | LMTF | 537   | LCSW | 1,825 |
| LPC | 1,647 | LMTF | 433   | LCSW | 2,875 |
| LPC | 1,141 | LMTF | 515   | LCSW | 5,076 |
| LPC | 1,141 | LMTF | 515   | LCSW | 5,076 |
| LPC | 2,580 | LMTF | 110   | LCSW | 1,660 |
| LPC | 1,836 | LMTF | 240   | LCSW | 3,171 |
| LPC | 104   | LMTF | 93    | LCSW | 314   |
| LPC | 1,342 | LMTF | 366   | LCSW | 2,188 |
| LPC | 1,342 | LMTF | 366   | LCSW | 2,188 |
| LPC | 679   | LMTF | 822   | LCSW | 2,790 |
| LPC | 562   | LMTF | 54    | LCSW | 991   |
| LPC | 3,954 | LMTF | 831   | LCSW | 5,481 |
| LPC | 5,375 | LMTF | 1,273 | LCSW | 3,254 |
| LPC | 1,662 | LMTF | 153   | LCSW | 344   |
| LPC | 1,637 | LMTF | 515   | LCSW | 11,342 |
| LPC | 790   | LMTF | 93    | LCSW | 516   |

| LPC | 126,378 | LMTF | 58,007 | LCSW | 224,593 |
National Certification

Certification is a voluntary credential representing to members of the public and potential employers that the counselor has met national standards set by the profession.

The flagship counseling certification is offered by NBCC – the National Certified Counselor (NCC), and it is the largest national certification in the world. Other certifications include the Certified Rehabilitation Counselor (CRC), and the Certified Clinical Mental Health Counselor (CCMHC).

One of the benefits of becoming certified is that it demonstrates a commitment to the profession and respective licensing bodies. Some certifications have continuing education requirements for recertification, which further illustrates ones dedication to ongoing learning as it relates to the field.
National Certification

National Certified Counselor (NCC)
http://www.nbcc.org/

Certified Clinical Mental Health Counselor (CCMHC): http://www.nbcc.org/

Certified Rehabilitation Counselor (CRC):
https://www.crccertification.com/
Becoming Certified

National Certified Counselor (NCC): A passing score on the NCE or the NCMHCE is one of the requirements for the National Certified Counselor (NCC) certification. For more information about NCC application requirements, click here: [http://www.nbcc.org/Certification/NationalCertCounselor](http://www.nbcc.org/Certification/NationalCertCounselor)

Certified Clinical Mental Health Counselor (CCMHC): Many people email asking, "Is the CCMHC an examination?" The acronym CCMHC reflects credentials that correspond to a certification, not an exam. A passing score on the NCMHCE is required for the CCMHC certification. For more information about the CCMHC application requirements, click here: [http://www.nbcc.org/Certification/CertifiedClinicalMentalHealthCounselor](http://www.nbcc.org/Certification/CertifiedClinicalMentalHealthCounselor)
<table>
<thead>
<tr>
<th></th>
<th>Certification</th>
<th>State License</th>
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</thead>
<tbody>
<tr>
<td><strong>What is it?</strong></td>
<td>Certification is a voluntary credential representing to members of the public and potential employers that the counselor has met national standards set by the counseling profession. The flagship certification offered by NBCC is the National Certified Counselor (NCC), and it is the largest national certification in the world.</td>
<td>State licensure is permission from a particular state government to practice counseling or identify oneself as a licensed counselor. Some states have a single license and some have a two-tiered system. Laws differ from state to state.</td>
</tr>
<tr>
<td><strong>What is it called?</strong></td>
<td>NBCC offers the National Certified Counselor (NCC) and three specialty certifications in addictions, clinical mental health and school counseling. CRCC offers the Certified Rehabilitation Counselor (CRC).</td>
<td>Licensure titles differ due to the different laws. The most common titles are: Licensed Professional Counselor (LPC), Licensed Mental Health Counselor (LMHC), Licensed Clinical Professional Counselor (LCPC), and Licensed Professional Clinical Counselor (LPCC). Issued by each state regulatory board.</td>
</tr>
<tr>
<td><strong>What is its purpose?</strong></td>
<td>Board certification helps potential clients and members of the public recognize professionals who have voluntarily met standards set by the counseling profession. It provides a mechanism for employers and members of the public to have concerns reviewed.</td>
<td>Licensure is designed to legally define who can use the title of a licensed counselor and/or who can provide counseling services in a particular state.</td>
</tr>
<tr>
<td><strong>What are the requirements?</strong></td>
<td>All NCC must complete a master's degree or higher in counseling with a major study in counseling. NCCs and CRCs must complete 3,000 hours of counseling experience and 100 hours of supervision both over a two year post-master's time period unless they graduate from a CACREP accredited program, and for CRC, from a rehabilitation counseling program.</td>
<td>The requirements vary in accordance with different state laws. All require a master's degree, a number of counseling experience hours and a period of supervision.</td>
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<tr>
<td><strong>What is the associated exam(s)?</strong></td>
<td>NCCs must pass either the National Counselor Examination for Licensure and Certification (NCE) and the National Clinical Mental Health Counseling Examination (NCMHCE). CRCs must pass the CRCC exam.</td>
<td>State licensure boards use one or both of NBCC's examinations - the National Counselor Examination for Licensure and Certification (NCE) and the National Clinical Mental Health Counseling Examination (NCMHCE).</td>
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Examinations

- The LPCC requires 2 exams: The California LPCC Law & Ethics Exam (taken first year of post-graduate internship) and the National Clinical Mental Health Counselor Examination (NCMHCE) [link: https://calpcc.org/exams-for-licensure](https://calpcc.org/exams-for-licensure)

- The NBCC requires *either* the National Counselor Examination (NCE) or the National Clinical Mental Health Counselor Examination (NCMHCE) to become a NCC. [Link: http://www.nbcc.org](http://www.nbcc.org)

- The CRCC requires the Certified Rehabilitation Counselor Exam to become a CRC. [Link: https://www.crccertification.com](https://www.crccertification.com)
Join CALPCC
Link: https://calpcc.org

- Monthly updates
- Personal email consultation
- Representation at the BBS
- Lobbyist representing LPCCs in Sacramento
- Conferences
- Regional Networking Events
- Communication with other students
- Professional Liability Insurance
- Counselor Educators Consortia for faculty
Clinical Mental Health Counseling
Program History

- New Counselor Licensure (LPCC)
- Changes in Accreditation
- Workforce Needs
- Community, Agency, Client Needs
- Changes in Healthcare, ACA, WIOA
- Disability Competency Across all Programs
- All Counseling Students need to be trained to work with persons with disabilities
Clinical Mental Health Counseling Curriculum
(Fully Aligned LPCC Track: 60 Units)

- COUN 700 (Counseling Theories)
- COUN 702 (Developmental Foundations)
- COUN 703 (Psychological Foundations)
- COUN 704 (Biopsychosocial Aspects of health, behavioral health, Aging & Disability)
- COUN 705/706/736 (Internship)
- COUN 715 (Assessment)
- COUN 720 (Career Counseling)
- COUN 738 (Addictions)
- COUN 794 (Research)
- COUN 811 (Group Counseling)
- COUN 833 (Social/Cultural)
- COUN 857 (Law & Ethics)
- COUN 870 (Prof Issues, Clinical Case Management, Systems of Care)
- COUN 890/891 (Internship)
- COUN 892 (CEP)
- COUN 737 (Psychopharmacology)
- COUN 741 (Crisis Counseling)