Rehabilitation Counseling Training Program

Masters of Science in Rehabilitation Counseling
Department of Counseling
San Francisco State University
http://counseling.sfsu.edu/rehabCoun.aspx.
RCTP Overview

Discipline of Rehabilitation Counseling

Employment Outlook

Our Program

Information
The Discipline of Rehabilitation Counseling (RC)

- Oldest counseling specialization (started in the 1920s). Developed to meet the needs of veterans of war with physical disabilities to assist them in returning to work.
- Today, RCs work with persons with a wide array of disabilities and chronic illnesses, in many different settings, and work as part of an interdisciplinary team with allied health and mental health professionals.
- Rehabilitation counselors are trained in the Biopsychosocial aspects of disability/chronic illness and learn about environmental barriers, assistive technology, and professional issues in the field.

RCs provide counseling related services (psychological & vocational counseling, advocacy, and case management to assist persons with disabilities/chronic illness meet their goals in the most integrated setting possible.)
Employment Outlook

Positive employment outlook for RCs. Nationwide, there is a high demand for RCs due to rising rates of persons with disabilities and chronic illness, projected wave of retirement of RCs, and returning war veterans.

Graduates are employed within 3 months of graduation and salaries range from $45 – $85 depending on the setting.

Rehabilitation counselors are getting jobs much faster than other counseling professionals due to the high demand.

Settings employing RCs
- Private, non-profit agencies
- Public rehabilitation agencies
- Hospitals
- Veteran’s Administration
- 2 and 4 year Colleges
- School-to-work Transition Programs.
- Substance Abuse Agencies
Our Program

“The Rehabilitation Counseling program at SFSU is excellent! The curriculum is very well-rounded—encompassing cultural, psychosocial, theoretical, and practical aspects of disability. The integrated field placements not only gave me the chance to apply what I learned in the program, but it also gave me invaluable real-world experience that is directly applicable to my career. I would highly recommend this program to anyone considering a career in Rehabilitation Counseling.”

-Kerry Stamps, Class of May 2010 and Senior Vocational Rehabilitation Counselor/ Qualified Rehabilitation Professional at the Department of Rehabilitation, Oakland

60 unit program; students graduate in 2-3 years

Scholarships Available
($4,500- $5,500 per year)

Our students are employed within 3 months of graduation
Our Program

Many people think that Rehab Counselors only work with prisoners and drug addicts. While that can be true, the larger context of rehabilitation is to improve the quality of life for people whose potential has been limited by a wide array of factors including: legal problems, drug and alcohol addiction, mental health issues or living with a physical disability in a society that is not always accommodating. The SF State Rehab Counseling Program provides a broad basis for understanding rehabilitation issues and technical information, counseling theory, and practical experience for approaching solutions.”

Maureen Fitzgerald, Class of May 2010
Information

RCTP Website

Department of Counseling Website
- http://counseling.sfsu.edu/

Rehabilitation Student Association
- http://www.rsasfsu.com/

Faculty

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Application Information

- Go to Department website! Everything you need is on the web.
- Application can be downloaded and completed on-line.
- Applications are due: January 14\textsuperscript{th} 2011.
- You must take the GRE; only your writing score is used as a measure of whether you need to take a writing course.
- You must take 3 pre-requisite psychology courses prior to starting program: Theories of personality course (for 700), Lifespan developmental course (for 702), Abnormal psychology or psychopathology course (for 703).

A good application includes…

- Experience in the field;
- Recommendations from course instructors;
- Thoughtful essay;
- Knowledge of the field.
**Schools Offering Pre-Requisites**

**San Francisco State University**
- Psyc 431: Life Span Development
- Psyc 451: Theories of Personality
- Psyc 452: Abnormal Psychology

**City College of San Francisco**
- Psyc 10: Theories of Personality
- Psyc 11: Abnormal Psychology
- Psyc 21: Lifespan Development

**College of Alameda**
- Psyc 3: Intro to Personality Theory
- Psyc 24: Abnormal Psychology
  (Also at Laney & Merritt)

**Skyline College**
- Psyc 200: Developmental Psychology

**College of San Mateo**
- Psyc 200: Developmental Psychology
- Psyc 225: Theories of Personality
- Psyc 410: Abnormal Psychology

Note that this info may not be current – check the college out!
The RCTP is committed to a culture that is inclusive of, but not limited to, ethnicity, race, gender, sexual identity, sexual orientation, religion, socioeconomic status, national origin, disability, age, and indigenous status. Therefore, we encourage students from all cultural backgrounds to apply.
SFSU Rehabilitation Counseling Student Association

Student governed group that provides support for students, networking opportunities, facilitates additional training related workshops/events, etc. Meets 2-4 times per semester and as needed. This is a place for ongoing student feedback to program faculty, identification of additional training needs, and a link to the broader rehabilitation community. There is No Fee.

Rehabilitation Counseling Student Association Website: http://www.rsasfsu.com/
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SFSU Disability Programs and Resource Center (DPRC)

- The DPRC collaborates with SF State's diverse community to ensure that all aspects of campus life - learning, working and living - are universally accessible.
- The DPRC provides the University with resources, education and direct services in order that people with disabilities may have a greater opportunity to achieve social justice and equity.
- [http://www.sfsu.edu/~dprc/index.html](http://www.sfsu.edu/~dprc/index.html)
Student Disabled Association

- Disabled Students Association (DSA) is currently open to all students but especially students with disabilities or people interested in disabilities.
- Register online for the Disabled Student Association located on DPRC website
- For more information contact: Raquel Santiago at: raquels@mail.sfsu.edu