WELCOME to the Department of Counseling Information Session!

- Step 1: View Information Session Video
- More Questions? Step 2: Register for Follow-Up Q&A session

Slides available at https://counseling.sfsu.edu/admissions
Welcome from Dr. Rebecca Toporek, PhD, Department Chair

About our program, our mission and our aspirations

Programs, courses, and internships

Admissions process
Acknowledgement

- San Francisco State University is located on the occupied Ohlone Ramaytush territories and we humbly acknowledge that our opportunity to live and work in what is now called the San Francisco Bay Area is only possible by the sacrifice of many indigenous people historically as well as their contributions today.

- We also acknowledge that we also benefit from the many Black and Brown communities who have worked, often in unjust circumstances, to make the public university system possible in California as well as the U.S. as a whole.
ABOUT US: OUR MISSION

- To train the next generation of counselor leaders who recognize that the liberation of all communities is only possible when an intersectional, participatory, community-driven approach to counseling is practiced.
- Our training program is grounded in the belief that counseling, as a field of practice, affords professionals the knowledge and skills needed to carry out social justice work via strengths-based healing and wellness, advocacy, critical consciousness development, and action-oriented scholarship and research.

Department of Counseling, San Francisco State University
ABOUT THE DEPARTMENT

OUR SPECIALIZATIONS

Career Counseling

School Counseling

Clinical Mental Health Counseling

Marriage and Family Therapy

College Counseling

Gerontological Counseling

*May choose a specialization and emphasis

Department of Counseling, San Francisco State University
Master of Science in Counseling
- Career
- College
- Gerontology
- School Counseling

Master of Science in Clinical Mental Health Counseling

Master of Science in Counseling Concentration in Marriage, Family, and Child Counseling

https://counseling.sfsu.edu/academics

Department of Counseling, San Francisco State University
Western Association of Schools and Colleges (WASC)
Council for the Accreditation of Counselor and Related Education Programs (CACREP)
The California Commission on Teacher Credentialing (CTC)

https://counseling.sfsu.edu/content/program-assessment-and-accreditation

Department of Counseling, San Francisco State University
LICENSES, CERTIFICATIONS AND CREDENTIALS

- Licensed Marriage Family Therapist (LMFT)
- Licensed Professional Clinical Counseling (LPCC)
- Pupil Personnel Services (PPS) Credential
- National Certified Counselor (NCC)
- Certified Mental Health Counselor (CMHC)
- Certified Rehabilitation Counselor (CRC)

Department of Counseling, San Francisco State University
License in Professional Clinical Counseling (LPCC)
- Graduate Program in Counseling Specialization or emphasis: CMHC
- Total 3000 hours of supervised experience after completing master's program
- Licensure exams (post degree and after required hours are completed)

License Marriage, Family Therapy (LMFT)
- Graduate Program in Counseling Specialization: MFT
- Total 3000 hours of supervised experience (some of which can be completed as part of master's program)
- Licensure exams (post degree and after required hours are completed)
*May apply to more than one emphasis

Department of Counseling, San Francisco State University
Our Graduates

- **Career Counselors:** College and university career centers, employment agencies, non profits, private practice
- **College Counselors:** Advisors, EOP, instructors, Student Resource Centers, administrators
- **Clinical Mental Health Counselors:** community mental health, private practice, Deputy Director of Clinical Services
- **Gerontological Counselors:** Non-profits, community mental health
- **Marriage Family Therapists:** Private practice, non profit mental health, student mental health
- **School counselors:** School counselors and administrators in districts around the bay area

Department of Counseling, San Francisco State University
OUR FACULTY

• 10 full time faculty and 15+ adjunct faculty
• Committed to student success and developing effective and competent counselors
• Practicing counselors and therapists, researchers, writers
• Internationally and nationally recognized scholars and professional leaders
• See our website for bios of all of our faculty

https://counseling.sfsu.edu/people

Department of Counseling, San Francisco State University
Our Expectations of Ourselves as Faculty and a Department

- Engage in ongoing research, writing and community work that is relevant to our mission statement and values
- Seek to continuously improve and update of our teaching skill and approach
- Advocate for counseling program nationally and at the university
- Stay current in the field
- Advocate for social justice in the community and nationally
- Currently initiated “Department of Counseling Self-Study and Framework for Transformation: Toward Better Inclusion of Black Voices and Active Opposition to Anti-Black Racism”
Being a Student In the Program

- Course load
- Internships
- Time to graduation
- Opportunities for community building
- Resources
- Professional training program with professionalism expectations
Courses and Load

60 units of coursework required for degree (minimum)

- Core classes
- Specialization and emphasis classes
- Internship classes

Classes- Each class meets 3 hours 1x week (Monday – Thursday)

- 9am – 12noon; 1 – 4pm, 4 – 7pm; 7 – 10pm
- Some courses may be offered only day, some only night
- Almost all classes require in-person participation

Part-time or Full-time

- Approx. 50-75% complete courses in 2 years

Department of Counseling, San Francisco State University
**Time to Graduation**

<table>
<thead>
<tr>
<th>Specialization and/or emphasis?</th>
<th>Full-time (15 units) or Part-time (9-12 units)</th>
<th>Estimated time to degree*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Specialization only</td>
<td>Full time</td>
<td>2 years</td>
</tr>
<tr>
<td>Specialization only</td>
<td>Part-time</td>
<td>3+ years (depends on number of units)</td>
</tr>
<tr>
<td>Specialization and emphasis</td>
<td>Full-time</td>
<td>2-3 years (depends on which specialization and emphasis; some combinations require 3 internships)</td>
</tr>
<tr>
<td>Specialization and emphasis</td>
<td>Part-time</td>
<td>2.5+ years (depends on which specialization and emphasis; some combinations require 3 internships)</td>
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</tbody>
</table>

*Students required to take HSS 700 to meet Graduate Writing Standards-Add an additional semester or take 18 units at least one semester or summer session

**Department of Counseling, San Francisco State University**
Internships

- Internship provides training at master’s level counseling skills; more than 200 approved sites
- 2 years of internship in specialization setting (in 2 different sites)
  - First year internship 12-16 hours/week
  - Second year internship 16-20 hours/week
- Internships weekday-daytime hours
- Supervised by professional counselor
- Pre-approved by department

https://counseling.sfsu.edu/content/fieldwork

Department of Counseling, San Francisco State University
Opportunities for Community Building

- Faculty advisors
- Specialization cohort
- Counseling Student Association (CSA)
- Chi Sigma Iota (CSI) International Honors Society
Resources

- Disability Programs and Resource Center (DPRC)
  https://access.sfsu.edu

- Equity Center
  https://equity.sfsu.edu

- Graduate Studies
  - Funding your education (tuition, fees, financial aid, etc.)
    https://grad.sfsu.edu/content/funding-your-education
  - Housing
    https://grad.sfsu.edu/content/housing

- Counseling and Psychological Services
  https://caps.sfsu.edu

Department of Counseling, San Francisco State University
Professional Training Program with Professionalism Expectations

- Commitment to multicultural and social justice values
- Accountability, participation and attendance
- Collegial student behavior
- Maintain contact with advisor and instructors
- Look ahead to ensure reasonable load and balance of responsibilities
- Be prepared for class
- Final capstone project-Culminating Experience Project

Department of Counseling, San Francisco State University
Holistic Admission Criteria

- Letters of Recommendation
- Counseling Related Work or Volunteer Experience
- Other Educational Experiences
- Work Experience
- Skills, Knowledge, and Experience Related to Diversity
- Previous Academic Success: Undergraduate GPA at least 3.0 (last 60 units)
- Personal Essay

Global Rating of Application
Recommended Preparatory Courses*

- Theories of personality
- Lifespan developmental psychology
- Abnormal psychology
- Ethnic studies or multicultural relations
- COUN 690 – Field of Counseling

*(offered only at SF State through the Dept of Counseling)*

*Recommended, no longer required prerequisites*
Personal Information

Academic History

Supplementary Program Materials:
- Resume
- Personal Statement (must be authored by applicant)
- Unofficial Transcripts

2 Letters of Recommendation

https://counseling.sfsu.edu/admissions

Department of Counseling, San Francisco State University
Deadline: Jan 15, 2021
for Fall 2021 Admit (no spring admits)

- Online application becomes available on October 1, 2020 (https://counseling.sfsu.edu/admissions)

- Letters of recommendation – CalApply emails your recommenders. System notifies you when your recommender submits their letter. Letters MUST be submitted through CalApply. Hardcopies of letters will not be accepted.

- Processing Fee = $25.00. Information about submitting the fee online will be available our website.

- Some specializations will select applicants for an interview before making final admission decision

Department of Counseling, San Francisco State University
University requires a pre-admission writing assessment

For 2021 Admission cycle, GRE will NOT be used to assess (a one-year exception)

The writing assessment will be based on the personal statement submitted in the application. You will be required to sign an affidavit that you are the original author of your personal statement.

HSS 700, Graduate Level Writing Course, is required for students who have been accepted into the program and whose writing indicates a need for improvement to meet graduate standards.
NEED MORE INFORMATION ABOUT THE PROGRAM?

- **Our Website**
  - https://counseling.sfsu.edu

- Always check instructions on the online application packet for answers.

- If the answer is not on the website, email questions to counsel@sfsu.edu

Department of Counseling, San Francisco State University