**DEPARTMENT OF COUNSELING -- MINOR IN COUNSELING – Planning Document**

**Name** **Student ID#**

**Bulletin Year 2023**

**Introduction to the Counseling Minor**

The minor offers four areas of study for all students.

**The Field of Counseling.** Students are introduced to the counseling profession through an overview of role and functions in career; clinical mental health; college; marriage, family and child; and school counseling settings; historical perspective; professional identification; ethical considerations; and self-awareness.

**Psychological Understandings.** Students receive a general introduction to the field of counseling and psychological dynamics.

**Multicultural Understandings.** Students examine various cultural influences and identities including race, ethnicity, sexual orientation, age, disability, religion/spirituality, socioeconomic status, indigenous heritage, national identity, sex, and gender identity.

**Skills Training.** Students are introduced to basic interviewing skills, which include attending, active listening, reflecting and responding.

**Counseling Minor Plan**

*Please Note: All courses must be completed with letter grades C or above.*

Directions: Use this document to plan your courses for the minor. The **four Required Courses** (12 units) below are those you must take to complete the minor.

**Required Courses**

**Course Units Semester/Year**

**PSY 200 General Psychology 3**

(Only course that can be transferred in)

Choose one of these courses:

**PSY 431 Developmental Psychology** (for PSY and CAD majors)

**SW 410 Hum Dev and Soc Services** (for Social Work majors)

**PSY 330 Child Development** (open to all majors) **3**

**COUN 690 Field of Counseling 1** (taught Fall only) **3**

**COUN 691 Multicultural Human Relations** (taught Spring only) **3**

**Electives**

Two electives—one social justice and one general—must also be taken to complete the minor. Choose from the approved list of electives on page 2. Electives may be 3 or 4 units.

**Social Justice Elective Course # and Name Units Semester/Year**

           

**General Elective Course # and Name Units Semester/Year**

           

**Total Units 18-20**

If you have advising questions, please contact the minor advisor at [**counselingminor@sfsu.edu**](mailto:counselingminor@sfsu.edu)

Approved Electives for the Minor in Counseling

*The courses below are approved as electives for the Minor in Counseling. Check the* [*bulletin*](https://bulletin.sfsu.edu/colleges/health-social-sciences/counseling/minor-in-counseling/#minorrequirementstext) *for course prerequisites. Permission to take an alternative elective is only granted in exceptional cases and must be approved by the minor advisor.*

Social Justice Electives

*Open to all majors. Select One:*

*(\*All of the following courses in this list,* ***except*** *WGS 511, also meet the SF State Studies - Social Justice Requirement)*

* AIS 440/SXS 440/WGS 440: Native Sexualities and Queer Discourse ***(UD-D, AERM, GP, SJ)*** *(3 units)*
* AIS 470: American Indian Ethnicity: Problems in Identity ***(UD-D, AERM, SJ)*** *(3 units)*
* AFRS 515: Black Family Studies ***(UD-D, AERM, ES, SJ)*** *(3 units)*
* COMM 541: Critical Approaches to Culture and Communication ***(UD-C, AERM, SJ)*** *(4 units)*
* COMM 557/LS 403: Performance and Pedagogy of the Oppressed for Educators ***(SJ)*** *(3 units)*
* COUN 110: Critically Thinking About Career Choice: Self, Community, Society, and the World ***(Area A3, GP, SJ)*** *(3 units)*
* RRS 303: Health and Wellness among Pacific Islanders ***(UD-B, SJ)*** *(3 units)*
* RRS 410/SOC 410: Grassroots Organizing for Change in Communities of Color ***(UD-D, AERM, SJ)*** *(3 units)*
* RRS 571: Women, Class, and Race ***(UD-C, AERM, ES, GP, SJ)*** *(3 units)*
* RRS 580/SOC 580/LTNS 580: Educational Equity ***(UD-D, AERM, SJ)*** *(3 units)*
* S ED 300: Education and Society ***(UD-D, SJ)*** *(3 units)*
* SOC 330/RRS 330: Comparative Race and Ethnicity in the U.S.: Class, Gender, and Nation ***(UD-D, AERM, SJ)*** *(3 units)*
* SOC 400/SXS 400/PSY 450: Variations in Human Sexuality ***(UD-D, SJ)*** *(3 units)*
* SPED 330: Introduction to Disability ***(UD-D, SJ)*** *(3 units)*
* WGS 220: Introduction to Feminist Disability Studies ***(SJ)*** *(3 units)*
* WGS 420/AIS 420: Native Genders and Feminism ***(UD-D, AERM, SJ)*** *(3 units)*
* WGS 511: Women and Violence *(3 units)\**

General Electives

*Open to all majors. Select One:*

* AFRS 401: Pan African Black Psychology: A North American, South American, and Caribbean Comparison***(AERM)*** *(3 units)*
* AFRS 525: Black Child Development***(Area F)*** *(3 units)*
* C J 550: School Violence and Discipline *(3 units)*
* COMM 502: Interpersonal Communication *(4 units)*
* COUN 110: Critically Thinking About Career Choice: Self, Community, Society, and the World *(3 units)*
* FCS 220: Young Children and Families***(Area D1)*** *(3 units)*
* FCS 321: Adolescents and Families *(3 units)*
* LTNS 380: Afro/Latina/o Diasporas***(UD-D, AERM, GP)*** *(3 units)*
* PSY 320/SXS 320: Sex and Relationships***(UD-D, GP)*** *(3 units)*
* PSY 464: Psychology of Career Pursuit *(3 units)*
* PSY 465: The Psychology of Work-Life Stress *(3 units)*
* SOC 464: Families and Society***(UD-D)*** *(4 units)*
* SOC 467/SXS 667: Lesbian, Gay, Bisexual, Transgender and Queer Cultures and Society *(4 units)*
* SOC 469: Gender and Society ***(UD-D)*** *(4 units)*
* S W 350: Services to Children, Youth, and Their Families *(3 units)*

If you have advising questions, please contact the minor advisor at [**counselingminor@sfsu.edu**](mailto:counselingminor@sfsu.edu)

**Majors that Have Courses that Cross Count with the Counseling Minor\***

*Psychology:*

* + PSY 200 General Psychology
  + PSY 431 Developmental Psychology
  + PSY 450/SOC 400/SXS 400 Variations in Human Sexuality
  + PSY 320 Sex and Relationships
  + PSY 464 Psychology of Career Pursuit
  + PSY 465 The Psychology of Work-Life Stress

*Social Work:*

* + *PSY 200\*\** General Psychology
  + S W 410 Human Development and the Social Services
  + S W 350 Services to Children, Youth, and Their Families

*Sociology:*

* + SOC/RRS 330 Comparative Race and Ethnicity in the U.S.: Class, Gender, and Nation
  + PSY 450/SOC 400/SXS 400 Variations in Human Sexuality
  + SOC 467/SXS 667 Lesbian, Gay, Bisexual, Transgender and Queer Cultures and Society
  + SOC 469 Gender and Society
  + *SOC 464\*\*\** Families and Society
  + *LTNS/RRS/SOC 580\*\*\** Educational Equity

*Child and Adolescent Development\*\*\*\* - Concentration in Community, Health, and Social Services:*

* + COUN 691 Multicultural Human Relations
  + AFRS 515 Black Family Studies
  + AIS 470 American Indian Ethnicity: Problems in Identity
  + LTNS/RRS/SOC 580 Educational Equity
  + RRS 303 Health and Wellness among Pacific Islanders
  + RRS 410 Grassroots Organizing for Change in Communities of Color
  + RRS 571 Women, Class, and Race
  + SOC/RRS 330 Comparative Race and Ethnicity in the U.S.: Class, Gender, and Nation
  + SPED 330 Introduction to Disability
  + SXS/SOC 400/PSY 450 Variations in Human Sexuality
  + AFRS 525 Black Child Development
  + SOC 469 Gender and Society
  + S W 350 Services to Children, Youth, and Their Families

*Criminal Justice:*

* + COMM 541 Critical Approaches to Culture and Communication
  + RRS 571 Women, Class, and Race
  + SOC/RRS 330 Comparative Race and Ethnicity in the U.S.: Class, Gender, and Nation
  + CJ 550 School Violence and Discipline

*Communications:*

* + COMM 541 Critical Approaches to Culture and Communication
  + COMM 502 Interpersonal Communication

**Legend:**

* Core courses
* Social Justice elective courses
* General elective courses

\*For students who follow the old minor curriculum (prior to Fall 2022), your elective course lists are different, and the above courses may not appear on those lists, please refer to your Student Contract Form for the complete lists.

\*\*PSY 200 is a pre-req course for students who apply to the BASW (Bachelor’s of Arts in Social Work) program, so all SW students should have PSY 200 completed already.

\*\*\*SOC 464 and SOC 580 is not listed in the academic bulletin for the major requirements, but this course may be taken to fulfill the Sociology major, students may need additional advising with Sociology department

\*\*\*\*SPED 330 is an elective course for a few concentrations (that are not listed above) for CAD majors, please refer to academic bulletin for more information.