

**Department of Counseling  
Program Objectives and Program Learning Goals (Program Learning Outcomes)**

**Program Objectives and Competencies**

The Department of Counseling program is composed of general objectives and/or competencies considered necessary for the preparation of all professional counselors. These objectives are aligned with national and state accreditation standards (CACREP and CCTC) and state licensure (LMFT and LPCC).

The Department of Counseling identifies Program Objectives and Program Learning Goals that reflect current and cutting edge knowledge in counseling as well as projected needs of diverse communities for practice in a multicultural and pluralistic society; (2) systematically include perspectives of Department of Counseling faculty (full time and adjunct), students, alumni and community members; (3) address student learning objectives; and, (4) written so they are relevant to our diverse communities and measurable to assess the extent to which they are met.

**Program Objectives:**

1. The DoC will recruit and admit culturally and linguistically diverse students to reflect the approximate demographic composition of the Bay Area Community.
2. The DoC will enroll and retain culturally and linguistically diverse students using a fair and professionally relevant admissions process that includes attention to cultural diversity.
3. The DoC will work toward graduating 100% of all enrolled students and implement student support interventions when necessary.
4. The DoC will solicit input from students, faculty, alumni and community members regarding the program's objectives and curriculum.

**Program Learning Goals (Program Learning Outcomes): MS Counseling, MS CMHC, MS Counseling - MFCC**

**Program Learning Outcomes: MS Counseling**

Learning Outcomes		CACREP Standard
PLO #1	Students will apply concepts of normal development to counseling cases including physical, sexual, emotional, social, cultural, personality, cognitive, and career development	F.3. HUMAN GROWTH AND DEVELOPMENT
PLO #2	Students will distinguish abnormal development, including behavior disorders and substance abuse.	F.3. HUMAN GROWTH AND DEVELOPMENT
PLO #3	Students will distinguish historic and contemporary theories of counseling and apply them to cases from practice	F.5. COUNSELING AND HELPING RELATIONSHIPS;
PLO #4	Students will acquire and demonstrate basic individual counseling skills through practice	F.5. COUNSELING AND HELPING RELATIONSHIPS
PLO #5	Students will apply knowledge of group dynamics and group counseling skills	F.6. GROUP COUNSELING AND GROUP WORK
PLO #6	Students will develop self-understanding and a counseling framework that integrates attention to cultural and sociopolitical contexts for individual clients, their families and communities including diversity related to various cultural, economic, ethnicity, disability, gender, sexuality, age, immigration, religion/spirituality, and life style.	F.2. SOCIAL AND CULTURAL DIVERSITY
PLO #7	Students will apply career theories to a range of counseling cases relevant to the settings in which they plan to work.	F.4. CAREER DEVELOPMENT
PLO #8	Students will analyze assessment data and hypothesize the relationship between data gained through career assessment tools and case material and apply that to career and life decisions and challenges.	F.4. CAREER DEVELOPMENT
PLO #9	Students will apply a working knowledge of assessment tools to practice as a counselor.	F.7. ASSESSMENT AND TESTING
PLO #10	Students will critically use research to maintain currency and cultural relevance in their practice and work.	F.8. RESEARCH AND PROGRAM EVALUATION

<b>Learning Outcomes</b>		<b>CACREP Standard</b>
PLO #11	Students will articulate the professional role of a counselor including individual and systemic interventions including use of community resources, knowledge of cultures of the various agencies service the public, and advocacy.	F.1. PROFESSIONAL COUNSELING ORIENTATION AND ETHICAL PRACTICE
PLO #12	Students will distinguish and apply knowledge of legal directives and ethical standards specific to the field of counseling generally as well as specialization specific standards	F.1. PROFESSIONAL COUNSELING ORIENTATION AND ETHICAL PRACTICE

### Program Learning Outcomes – MS CMHC

Learning Outcomes		CACREP Standard
PLO #1	Human development. To understand concepts of normal development including physical, sexual, emotional, social, cultural, personality, cognitive, and career development; and to understand concepts of abnormal development, including behavior disorders and substance abuse.	F.3. HUMAN GROWTH AND DEVELOPMENT
PLO #2	Theoretical Framework. To understand theories of counseling.	F.5. COUNSELING AND HELPING RELATIONSHIPS;
PLO #3	Generic Counseling. To provide knowledge and training in individual and group counseling methods; consultation and basic interviewing and helping skills.	F.5. COUNSELING AND HELPING RELATIONSHIPS; F.6. GROUP COUNSELING AND GROUP WORK
PLO #4	Socio-cultural Factors. To understand the characteristics and trends related to various cultural, economic, and ethnic groups, including such factors as disability, gender, and life style.	F.2. SOCIAL AND CULTURAL DIVERSITY
PLO #5	Career Development. To provide knowledge of career information, job satisfaction, job-seeking skills, and instruments used to assist career choice.	F.4. CAREER DEVELOPMENT
PLO #6	Assessment, Evaluation, and Research. To provide a working knowledge of assessment tools and research findings useful to the practitioner.	F.7. ASSESSMENT AND TESTING; F.8 RESEARCH AND PROGRAM EVALUATION
PLO #7	Professional Development. To provide knowledge about the professional, legal, and ethical foundations of counseling, and to be aware of the community resources and cultures of the various agencies service the public.	F.1. PROFESSIONAL COUNSELING ORIENTATION AND ETHICAL PRACTICE
PLO #8	Personal Growth Factors. To learn the appropriate use of insight into self and others in the development of empathic, helping relationships. The DoC strongly suggest that students consider some kind of counseling that will enable them to focus upon themselves in a meaningful way.	F.5. COUNSELING AND HELPING RELATIONSHIPS

### Program Learning Outcomes – MS Counseling Concentration in MFCC

Learning Outcomes		CACREP Standard
PLO #1	Human development. To understand concepts of normal development including physical, sexual, emotional, social, cultural, personality, cognitive, and career development; and to understand concepts of abnormal development, including behavior disorders and substance abuse.	F.3. HUMAN GROWTH AND DEVELOPMENT
PLO #2	Theoretical Framework. To understand theories of counseling.	F.5. COUNSELING AND HELPING RELATIONSHIPS;
PLO #3	Generic Counseling. To provide knowledge and training in individual and group counseling methods; consultation and basic interviewing and helping skills.	F.5. COUNSELING AND HELPING RELATIONSHIPS; F.6. GROUP COUNSELING AND GROUP WORK
PLO #4	Socio-cultural Factors. To understand the characteristics and trends related to various cultural, economic, and ethnic groups, including such factors as disability, gender, and life style.	F.2. SOCIAL AND CULTURAL DIVERSITY
PLO #5	Career Development. To provide knowledge of career information, job satisfaction, job-seeking skills, and instruments used to assist career choice.	F.4. CAREER DEVELOPMENT
PLO #6	Assessment, Evaluation, and Research. To provide a working knowledge of assessment tools and research findings useful to the practitioner.	F.7. ASSESSMENT AND TESTING; F.8. RESEARCH AND PROGRAM EVALUATION
PLO #7	Professional Development. To provide knowledge about the professional, legal, and ethical foundations of counseling, and to be aware of the community resources and cultures of the various agencies service the public.	F.1. PROFESSIONAL COUNSELING ORIENTATION AND ETHICAL PRACTICE
PLO #8	Personal Growth Factors. To learn the appropriate use of insight into self and others in the development of empathic, helping relationships. The DoC strongly suggest that students consider some kind of counseling that will enable them to focus upon themselves in a meaningful way.	F.5. COUNSELING AND HELPING RELATIONSHIPS